Here are some prompts for your observing and reflecting on a teaching session, using Donald Schön’s 3-question approach to reflecting on practice What? So what? Now what? How you use these prompts is up to you but here are some suggestions:

- Brief notes / bullet point responses during the session
- Structured written reflections after the session
- Self-reflection following a teaching session
- Notes for feedback and informal discussion with teaching colleagues after a session
- Prompts for more general reflection on teaching practice

**WHAT prompts** (Description of the session)

- What happened in the session? What did the teacher and students do?
- What do I see as the intended (learning) outcome/s for this teaching session?
- What do I see as the actual outcome/s?
- What caught my attention during the session?

**SO WHAT prompts** (Analysis of the session)

- What did I learn from observing this session?
- How did I feel during the session? At the end of the session?
- What positive aspects emerge from this session?
- What are some implications for my teaching practice, based on what I have observed?
- What are some implications for others (students / teaching teams / colleagues?)

**NOW WHAT prompts** (Proposed actions following the session)

- What changes can I make to my own practice after observing this session?
- What help or information do I need to help me ‘action’ these changes?
- How will I notice and record change/s?

**References**


